



## SARAH'S DREAM

I was aware of the fact that Sarah and her sister had been abused by their father as children, but I did not know the circumstances or how horrific their situation had been.

Sarah's father is a professional person and as such, both of the girls had an upbringing that included beautiful clothes, horses, good schools and a house that was in an elite location. One might be inclined to envy them without knowing the dark secret that pervaded their lives. Their father belonged to a ceremonial cult and the two girls were used as acolytes to its service. Their very birth was manipulated by the group in a scenario that seems directly taken from a Dennis Wheatley book and Hammer Horror films. The girls would be given a drink that made them sleepy and disoriented and then they would be taken to a destination of unknown origin where the rituals were held. The mother and an older sister colluded with this, so that they had no one that might be able to help them.

When they were able, they left home together and began to try and make sense of their lives. Both have had serious health issues and as might be imagined, mental health issues as they have tried to come to terms with what happened to them. Wisely, they sought the help of alternative clinics where they received the heart felt nourishment that both craved and they were encouraged to develop skills in creative fields – Sarah learned to paint and Melanie discovered a love of photography.

Sarah's dream was a somewhat darker version of what I have represented. I had the image clearly in my mind when I began, but this is what I made of it. I feel that it is a more positive take and I hope that the sisters will think so too. They both subsequently had a dream of the Crone this past April, which marked an explicit turning point for their mental well being. All their hard spiritual efforts have paid off and given them the strength to have lives that are rich and full of love and expression. Sarah is happily married to a headmaster in a house full of animals and Melanie continues to pursue her love of photography. The very fact that Sarah was able to recount the dream and her childhood to me marks a huge milestone and yet a step further, to allow it to be materialised as a work of art is astounding and displays the human ability to aggressively overcome life's gruesome tricks!